



Family Hub

Spring Term 2021 Timetable

Come and Ask sessions

Our FSW team will be holding Come and Ask sessions fortnightly during the spring term. One-hour appointment slots are available every other Thursday morning between 9:00am and 1:30pm. All appointments are booked via Eventbrite using the below link.

<https://www.eventbrite.co.uk/e/kite-fsw-come-ask-tickets-132099070877>

Dates for sessions are:

Thursday 14th January 2021
Thursday 28th January 2021
Thursday 11th February 2021
Thursday 25th February 2021
Thursday 11th March 2021
Thursday 25th March 2021

If you would like to attend a Come and Ask session but are unable to do so on a Thursday morning, please contact fsw@kite.academy.

Parent/carer workshop

Routines to support children at home

This session will support parents and carers to understand the need for clear and consistent routines for children. We will explore how to set these up and implement them. Routine examples within the session will focus on the below but will be transferable to other elements of home life.

- mornings
- home learning
- bedtimes

Dates:

Tuesday 16th March 9:30am – 10:30am or
Wednesday 17th March 7:30pm – 8:30pm

Booking: <https://www.eventbrite.co.uk/e/routines-to-support-children-at-home-tickets-132104043751>

These will be a virtual session delivered via a Microsoft Live Event. You do not need a Microsoft account to be able to access the sessions.

Family Links Nurturing Programme

The Nurturing Programme is a 10-week parenting course that looks at family life in a thoughtful and fun way. It helps support positive behaviour in children and goes much further than that by looking at the emotional needs behind our children's behaviour.

The Nurturing Programme benefits both children and parents by:

- improving mental well-being
- improving the child's behaviour
- improving family relationships
- improves the child's long term educational and future prospects
- building self-esteem
- developing communication and social skills
- teaching positive ways to improve resolve conflict
- encouraging parents to take time for themselves

Dates: Starts Monday 11th January 2021 for 10 weeks.

Jan 11th, 18th, 25th – Feb 1st, 22nd – March 1st, 8th, 15th, 22nd, 29th

Time: 9:30am – 11:00am

Venue: This will be held virtually - via Microsoft Teams (you do not need to have a Microsoft account)

Booking: <https://www.eventbrite.co.uk/e/family-links-nurturing-programme-tickets-132145501753>